

Decoding Human Performance through Performance Psychology

Saturday, March 7
8 a.m. to 6 p.m. at
Elevated Performance
1050 Old Des Peres Rd
St. Louis, MO 63131

Licensed Clinical Psychologist, Sports & Performance Psychologist
Bhrett A. McCabe, PhD, Explores the Mind-Body Integration for Athletic Excellence



During this presentation, Dr. McCabe will share his MindSide Approach to achieve optimal athletic performance.

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Dr. McCabe's MindSide Approach has been adopted by PGA, LPGA & Division 1 Athletic Departments

Sign up Today!

Register with Dr. Austin Panter
Contact Dr. Panter at ap@winspineandsport.com
\$150 by March 1; \$200 after March 1
Mail payments to: Dr. Austin Panter c/o
Winchester Spine & Sport, 40 Walter Ct
Moscow Mills, MO 63362

